

# The Knowledge

Supporting the National Curriculum



Ardleigh Green Learning Federation

## Memory Box



## Year 1

Working Together, Learning Together, Growing Together

Knowing More

Remembering More

Learning More

## Key People



- Louis Braille hurt his eye on a sharp tool when he was 3 years old and lost his sense of sight. He was now blind. He created dots to help people who were blind with their reading



- Miller Reese Hutchison invented the first electronic hearing aid around the time when telephones were invented.



- Paul Feyen was the first blind man to be given a guide dog

## Key Dates

- Braille was created

1824

- First electronic hearing aid was invented

1898

- The first guide dog was given to a blind veteran

1916

## Key Facts

- There are 29 bones altogether in the skull and jaw
- There are 24 curved bones and a bone down the middle to make the ribcage
- The spine is made up of 24 small bones
- Most people have around 206 bones in their body
- There are 5 vital organs in the human body—brain, heart, lungs, kidneys, liver
- You have 5 senses which you use almost every day—sight, touch, hear, taste, smell
- Some people lose some of their senses for different reasons
- It is important to eat a healthy diet to keep your body healthy
- You should have 5 portions of fruit or veg a day
- You should eat unhealthy foods in moderation only
- You should exercise daily to keep your body healthy

## Key Vocabulary

1. **Spine:** the long bone down your back that keeps you standing up
2. **Skull:** protects the eyes, ears and brain
3. **Ribs:** protects the heart and lungs
4. **Vital Organs:** a group of tissues that work hard to keep the human body alive
5. **Senses:** help us understand what is happening around us
6. **Moderation:** not all day every day, only sometimes
7. **Braille:** raised dots to help blind people read

# Test Yourself

- Why is the skull important?
- Why is the spine important?
- What does your brain do?
- Why is your heart important?
- How many senses does each person have?
- What happens if you lose your sense of hearing?
- What happens if you lose your sense of sight?
- What foods should you eat in moderation?
- How many portions of fruit or veg should you eat a day?
- What has changed since you were a baby?
- What is a family tree?

# Texts to Read

