

Subject Curriculum Overview and Topics for the EYFS and KS1 (Autumn term)

We use the Jigsaw PSHE scheme to maintain consistency and support assessment throughout the school.

	Autumn 1st Being in my world	Autumn 2nd Celebrating difference
Reception	<ul style="list-style-type: none"> ● Self identity ● Understanding feelings ● Being in a classroom ● Being gentle ● Rights and responsibilities 	<ul style="list-style-type: none"> ● Identifying talents ● Being special ● Families ● Where we live ● Making friends ● Standing up for yourself
Year 1	<ul style="list-style-type: none"> ● Feeling special and safe ● Being part of a class ● Rights and responsibilities ● Rewards and feeling proud ● Consequences ● Owning the learning charter 	<ul style="list-style-type: none"> ● Similarities and differences ● Understanding bullying and knowing how to deal with it ● Making new friends ● Celebrating the differences in everyone
Year 2	<ul style="list-style-type: none"> ● Hopes and fears for the year ● Rights and responsibilities ● Rewards and consequences ● Safe and fair learning environment ● Valuing contributions ● Choices ● Recognising feelings 	<ul style="list-style-type: none"> ● Assumptions and stereotypes about gender ● Understanding bullying ● Standing up for self and others ● Making new friends ● Gender diversity ● Celebrating differences and remaining friends

Subject Curriculum Overview and Topics for the EYFS and KS1 (Spring term)

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	Spring 1st Dreams and goals	Spring 2nd Healthy me
Reception	<ul style="list-style-type: none"> ● Challenges ● Perseverance ● Goal setting ● Overcoming obstacles ● Seeking help ● Jobs ● Achieving goals 	<ul style="list-style-type: none"> ● Exercising bodies ● Physical activity ● Healthy food ● Sleep ● Keeping clean ● Safety
Year 1	<ul style="list-style-type: none"> ● Setting goals ● Identifying successes and achievements ● Learning styles ● Working well and celebrating achievement with a partner ● Tackling new challenges ● Identifying and overcoming obstacles ● Feelings of success 	<ul style="list-style-type: none"> ● Keeping myself healthy ● Healthier lifestyle choices ● Keeping clean ● Being safe ● Medicine safety/safety with household items ● Road safety ● Linking health and happiness
Year 2	<ul style="list-style-type: none"> ● Achieving realistic goals ● Perseverance ● Learning strengths ● Learning with others ● Group co-operation ● Contributing to and sharing success 	<ul style="list-style-type: none"> ● Motivation ● Healthier choices ● Relaxation ● Healthy eating and nutrition ● Healthier snacks and sharing food

Subject Curriculum Overview and Topics for the EYFS and KS1 (Summer term)

We use the Jigsaw PSHE scheme to maintain consistency and support assessment throughout the school.

	Summer 1st Relationships	Summer 2nd Changing me
Reception	<ul style="list-style-type: none"> ● Family life ● Friendships ● Breaking friendships ● Falling out ● Dealing with bullying ● Being a good friend 	<ul style="list-style-type: none"> ● Bodies ● Respecting my body ● Growing up ● Growth and change ● Fun and fears ● Celebrations
Year 1	<ul style="list-style-type: none"> ● Belonging to a family ● Making friends/being a good friend ● Physical contact preferences ● People who help us ● Qualities as a good friend and person ● Self-acknowledgement ● Being a good friend to myself ● Celebrating special relationships 	<ul style="list-style-type: none"> ● Life cycles- animal and human ● Changes in me ● Changes since being a baby ● Differences between male and female bodies ● Linking growing and learning ● Coping with change ● Transition
Year 2	<ul style="list-style-type: none"> ● Different types of families ● Physical contact boundaries ● Friendships and contact ● Secrets ● Trust and appreciation ● Expressing appreciation for special relationships 	<ul style="list-style-type: none"> ● Life cycles in nature ● Growing from young to old ● Increasing independence ● Differences in female and male bodies ● Assertiveness ● Preparing for transition